Coaches and Athletic Directors,
The $35^{\text {th }}$ Annual Open Door Christian Schools Cross Country Invitational will be held on TUESDAY, September 13, 2022 at Lorain County Community College 1005 Abbe Rd N, Elyria, OH 44035

Entries will be done on Baum's Page again this year. The window opens on August 22 ${ }^{\text {nd }}$, and will close on Friday, September $9^{\text {th }}$, at 11:59PM.

The fees for this year's meet will be $\$ 125.00$ per high school, $\$ 100.00$ per middle school, or $\$ 25$ per individual (if not entering a team). Checks should be made payable to Open Door Christian Schools and can be mailed to 8287 West Ridge Road, Elyria, 44035, Attn: Athletic Department.

The schedule of events is as follows:
4:00 - Coaches Meeting at the starting line
4:15 - MS Boys (All runners participate)
4:45 - MS Girls (All runners participate)
5:15 - Varsity Boys (All Runners Participate)
5:55 - Varsity Girls (All Runners Participate)
6:30 - High School Varsity Awards Presentation
Please note that there is not an open race at the Varsity level. This
 will allow for a competitive field across all races and provide an opportunity for runners to compete for varsity spots.

## Scoring:

- Scoring will be based upon the top seven runners from each team.
- Runners that are beyond the top seven finishers on their teams will not be included in team scoring.
- Any runner on teams having less than five finishers will not be included in team scoring.


## Awards:

1. Varsity Teams: Plaques for $1^{\text {st }}, 2^{\text {nd }}$, and $3^{\text {rd }}$ place Boys and Girls teams
2. Middle School Teams: Plaques for $1^{\text {st }}$ and $2^{\text {nd }}$ place Boys and Girls teams
3. Varsity Individuals: Plaques for first five Varsity Boys and Girls finishers
4. Varsity Individuals: Medals for 6-20 Varsity Boys and Girls Finishers
5. Middle School Individuals: Medals for Top 10 MS Boys and Girls
6. Medals for the top finishers in each race will be given at the finish line. The top five runners from the Varsity Races will be recognized when team awards are recognized at the 6:30 awards ceremony.

## Concessions Stand:

- The concessions stand will be cash only and will sell Chick-fil-A sandwiches, chips, and drinks while supplies last.


# Open Door Christian Schools 35th Annual Cross Country Invitational 

## TUESDAY, SEPTEMBER 13 ${ }^{\text {th }}, 2022$

We have put contracts for all schools (middle school and high school) on Arbiter. If you have not already done so, please accept the contract. If you can also complete and return this form as soon as possible, we would appreciate it. You can either email it (jarrell@odes.org ) or fax it to 440-284-6033.

Name of School: $\qquad$
Coach's Name: $\qquad$
AD's Name: $\qquad$
Phone Number: $\qquad$
Email: $\qquad$

Check mark the race(s) you will be competing in:


Races:

| 4:15 PM | MS Boys (All runners participate) |
| ---: | :--- |
| $4: 45 \mathrm{PM}$ | MS Girls (All runners participate) |
| 5:___ $5: 15 \mathrm{PM}$ | Varsity Boys (All runners participate) |
|  | 5:55 PM | Varsity Girls (All runners participate)

* Please note that there is not an open race at the Varsity level. This will allow for a competitive field across all races and provide an opportunity for runners to compete for varsity spots.

Cost: $\$ 125.00$ per high school
$\$ 100.00$ per middle school
$\mathbf{\$ 2 5 . 0 0}$ per individual (if not entering a team)
Please contact us with any questions: Jayson Arrell jarrell@odcs.org Phone: (440)-326-2361
Fax: (440) 284-6033


High School 3.1 Mile Cross Country Map


Junior High 1.97 Mile
Cross Country Map

